



On the MaHRC

The Newsletter of the Music and Health Research Collaboratory

Volume 3 No. 7,
November-December 2014

Faculty of Music
University of Toronto

NICU Music Therapy Planned – Seeking Expression of Interest

We are planning for a Music Therapy in NICU training opportunity on Saturday May 30, 2015 (9 am-5 pm) at the University of Toronto. This would be the first time this training will be offered in Canada! This instruction is open to music therapists, students in music and health related programs, allied health care professionals, nurses, doctors, researchers, etc. Registration fees are estimated to be \$200 depending on the number of interested registrants. (Please note that costs for this event are subsidized by the Music and Health Research Collaboratory). A minimum of 15 persons is required to proceed with the event.

To express your interest in attending this event or if you have any questions, please email Amy Clements Cortes a.clements.cortes@utoronto.ca by December 20, 2014. In that email please indicate your profession/student status. If enough interest is determined by December 20, 2015, registration will open in early January 2015.

Topics

- First Sounds: Rhythm, Breath, and Lullaby
- EMT as a Noise Modulator: A Continuum of Care

Instructors:

- Joanne Loewy, DA, LCAT, MT-BC Director, The Louis Armstrong Center for Music & Medicine, Mount Sinai Beth Israel Associate Professor, Icahn School of Medicine at Mount Sinai, Mount Sinai Health
- Andrew Rossetti MMT, MT-BC The Louis Armstrong Center for Music & Medicine, Mount Sinai Beth Israel The Louis & Lucille Armstrong Music Therapy Program for inpatients

Conference Board of Canada Organizes an “Imaginarium” on Vibration in Toronto – CANCELLED due to sponsorship problem

The December 1 and 2 the Conference Board of Canada “Imaginarium” workshop planned for the Evergreen Brickworks in Toronto has been cancelled due to a problem with sponsorship. No plans for rescheduling are in place at this point.

Bridgepoint Hospital Music Optimization Study on CBC News

On Thursday October 30 Dr. Michelle Nelson, Bridgepoint research lead in the Bridgepoint/MaHRC study examining possibilities to optimize the use of music in the hospital, was interviewed on CBC Metro Morning. Matt Galloway talked with Michelle about how a hospital is “more than just a place to diagnose and treat patients.”

To listen to the interview go to:

<http://www.cbc.ca/metromorning/episodes/2014/10/30/music-therapy-1/>

or

<http://www.cbc.ca/video/news/audioplayer.html?clipid=2578458531>

New Course “Health and Music Performance” to be offered next term.

To continue to develop our focus on the science and health of performance, Faculty Council approved a new course to be offered next term titled: Health and Music Performance. From the course description: “In this course we will explore the relationship between health and music performance. This exploration will include factors that shape the performance of healthy musicians as well as health risks and illnesses that



can be encountered by professional and amateur musicians. Social determinants of health and advocacy issues for musicians’ health will also be addressed. This course will contribute to your understanding of how health professionals, policy makers, funding agencies, arts management organizations, educators and musicians themselves can contribute to improved health outcomes in this special population. Throughout the course, cases, videos, readings and guest lectures will enhance your understanding of the complex interactions between health and music performance.”

Course instructor is the newly appointed Adjunct Professor, Dr. Christine Guptill, BMus, BSc, MS(OT), PhD, OT Reg. (Ont.), Research Fellow, Canadian Association of Occupational Therapists.

MaHRC Affiliate, Room217 Foundation, Offers Webinar Series

The Room 217 Foundation, as a MaHRC Affiliate, has been closely involved in several major initiatives. In 2012 and 2013 Room 217 led the organization of the Music Cares Conference at the University of Toronto. As was featured in the last month edition of On the MaHRC, Room 217 is the contracted organization to conduct the Bridgepoint Music Optimization Study. But in addition to research and conferences, Room 217 has created a webinar series that features topics relevant to Music Care. These are free webinars and are available for participation as they are offered and for free download after the event.

January 14, 2015 Music Neuroscience - Speaker TBA

February 11	Music, Mental Health & the Aging Population - Kristine Theurer
March 11	Music at End of Life - Dr. Colin Lee
April 8	Music & Dementia Care - Robin Rio
May 13	Singing for Wellness - Melanie Boyd
June 10	Music & Parkinson's Disease - Dr. Bin Hu

To register for these or to download past webinars please go to:

<http://www.room217.ca/music-care-webinars>

UPCOMING EVENTS

Music & Health Colloquium – December 3: Medical Ethnomusicology

Topic: Medical Ethnomusicology: A Perspective on an Emerging Field

Place: Room 216, Faculty of Music

Time: Wednesday Dec 3, 3:00 – 4:30

Presenter: Dr. Jeff Cupchik, Michener Institute, Toronto



Dr. Cupchik's research has been awarded international fellowships (Commonwealth Scholarship, Shastri Indo-Canadian Institute, Trudeau Fellowship) and national fellowships (Social Science and Humanities Research Council; Canada Council for the Arts). His areas of research include: qualitative research methods; medical anthropology; medical ethnomusicology; ritual; Tibetan and Himalayan cultures; transnationalism and diaspora; megaconcerts, philanthropy and global public health; music and cultural rights; popular music and George Harrison. He has spent over fifteen years studying Tibetan language, identity, music, culture and religion in Tibetan communities in India, Nepal, Tibet, China, Canada and United States. He was Visiting Assistant Professor of Ethnomusicology at the Eastman School of Music (2010-2011), where he designed and taught a new course, "Music, Ritual and Healing in Cultural Contexts." He has served on faculty (as adjunct) at the University of Rochester where he developed and taught courses in research methods and cross-cultural medicine. He was formerly Co-Chair of the Medical Ethnomusicology Special Interest Group at the Society for Ethnomusicology (2010-2013). He created the annual benefit concert series Living Songs in Toronto in support of Tibetan children's education and health through the non-profit machik.org 501(c)(3). Dr. Cupchik is currently Adjunct Professor at the Michener Institute for Applied Health Sciences in Toronto teaching "Evidence-based clinical research methods: to 100 applied health clinicians.

Recent articles:

- 1) *The Tibetan gCod Damaru Drum--A Reprise: Symbolism, Function and Difference in a Tibetan Adept's Interpretive Community*, focusing on the symbolic meaning in the music of a Tibetan Buddhist musical-meditation technique.
 - 2) *Polyvocality and Forgotten Proverbs (and Persons)* focusing historically on the process and persons by which musical-meditations in Western popular music were inspired. It offers a look at the collaborations between George Harrison and Ravi Shankar and a special disciple.
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Coming Colloquium Topics:

TITLE: Recent Research in the Perception and Performance of Singing.

PRESENTER: Sean Hutchins, Director of Research, RCM

Wednesday, January 28, 3:00 – 4:30

TITLE: Music in Human Development: Building Cognitive Reserve

PRESENTER: Dr. Sylvain Moreno

Wednesday, February 25, 3:00 – 4:30

TITLE: Clarifying the connections between music, hearing, and emotional communication

PRESENTER: Frank Russo, Ryerson University

Wednesday, March 25 3:00 – 4:30

These Colloquia are open to all faculty, graduate and undergraduate students, and MaHRC associates.



Save the Date!

March 7-8, 2015

Tuning the Athlete and Performing Artist for Optimal Health and Performance

Royal Conservatory
of Music
273 Bloor Street West
Toronto, Ontario Canada

Fifth Annual Toronto Regional Meeting of PAMA

Presented by



The GLENN GOULD School
of The Royal Conservatory



For More Information

www.artsmed.org for conference details (PAMA)

For questions contact course directors:

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